



# Ask a Coldstreamer.....

Question Time

## QUESTION SUBMISSION FORM (external)

“Send back to us via e-mail or snail-mail”

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**What's this?**

*The 1st Battalion Coldstream Guards are the Oldest Regiment in Continuous Service in the British Army and pride themselves on being one of the elite and being able to rise to any challenge set before them.*

*They have served in many theatres including Afghanistan, Iraq, Bosnia, and Northern Ireland and are normally seen on parade for the Queens Birthday Parade in June.*

*Now the doors are open for YOU - (absolutely anyone) to ask us anything you want!*

**Who is your question aimed at?** (please tick relevant box)

- ] The Commanding Officer ..... (for Battalion questions in general).
- ] The Quartermaster ..... (for Barracks and Accommodation questions).
- ] Company Commander ..... (for Company Routine questions).
- ] Regimental Careers Management Officer ..... (for Careers & Posting questions).
- ] Welfare Officer/SNCO ..... (for families & housing questions).
- ] Regimental Administration Officer ..... (for pay questions).
- ] Regimental Sergeant Major ..... (for discipline, history and the Sgts Mess questions).
- ] Drill Sergeant ..... (for Drill & Ceremonial questions).
- ] Regimental Recruiting Warrant Officer ..... (for Recruiting questions).
- ] Company Sergeant Major ..... (for Company Routine & Training questions).
- ] Master Chef ..... (for food questions).
- ] Platoon Sergeant ..... (for Company Routine & Training questions).
- ] Guardsman ..... (for questions relating to Battalion Life in General).
- ] Not sure, whoever can answer it! ..... (for if you're not sure)

**What's your question?** (use overleaf if more room is required)

Want your name displayed with this question? Yes  No  (I want to remain anonymous)

Name [.....]

Questions need to submitted to us by e-mail (to [admin@shinycapstar.com](mailto:admin@shinycapstar.com)) or by the postal service (address at the top of the page). All Questions need to be submitted by Friday 22<sup>nd</sup> August. Answers will be displayed on ShinyCapstar ([www.ShinyCapstar.Com](http://www.ShinyCapstar.Com)) in the first week of September.

More information on the Coldstream Guards and joining the Coldstream Guards at [www.ShinyCapstar.Com](http://www.ShinyCapstar.Com)